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@article{Heffernan2003SeekingSA, title={Seeking Safety: A Treatment Manual for PTSD and Substance Abuse}, author={K. Heffernan},

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Seeking Safety: A Treatment Manual for PTSD and Substance Abuse, Lisa M. Najavits Copyright © 2002 1. Overview . PTSD AND SUBSTANCE ABUSE . PTSD and Substance Abuse: Patients' Perspective "The more I use, the more I won't feel anything. The pain is so bad you just want to die. There is no other way out. If you talk about it, it will hurt too much.

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Seeking Safety. : Lisa Najavits. Guilford Publications, Jan 1, 2002 - Psychology - 399 pages. 0 Reviews. This manual presents the...

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Presenter: Dr. Teresa Naseba Marsh, PhD, MA, RN, RP, SEP

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