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The Certified Executive Chef® (cec®) certification is designed to identify those chefs and inform the public of individuals who have demonstrated a standard level of culinary competence and expertise through education, experience, knowledge, and skills

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consistent with the executive chef level.
CEC® Purpose

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The three courses shall include: • Fish course (including both seafood items) presented as appetizer portion • Salad course (tossed, with extra dressing served on the side) as part of a 3 course meal • Main course (with two or more accompanying vegetables and starch) utilizing approximately 6-7 ounces protein.

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Adulterated food. ... Chef de partie - station chef Chef de rang - front waiter Chef de salle - headwaiter Chef de service - director of service Chef de vin - wine steward. Chiffon.

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- Personal Certified Executive Chef™ (PCEC™): An advanced chef who is engaged in the preparation, cooking and serving of foods on a “cook-for-hire” basis. Must also have

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knowledge of menu planning, marketing, financial management and operational decision making. Has at least three years of Personal Chef experience.

~~Pathway to ACF Certification~~

"The bible for all chefs."?Paul Bocuse. Named one of the five favorite culinary books of this decade by Food Arts magazine, The Professional Chef™ is the classic kitchen reference that many of America's top chefs have used to understand basic skills and standards for quality as well as develop a sense of how cooking works. Now, the ninth edition features an all-new, user-friendly design ...

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I've wanted those three letters, "CEC" by my name since I saw them on the jacket of the first chef I ever worked for over 15 years ago. The three letters that define a good chef from a great one (in most cases), the ones that stand for "Certified Executive Chef", see, more people KNOW what that means and that feels well worth it in the end.

~~My upcoming Certified Executive Chef (CEC)
test~~

Daily caloric intake should range between 1300 to 3000 calories per day with:

- 45% - 65% of calories from carbohydrates
- 20% - 35% of calories from fat with less than 10% from saturated fat
- 10% - 35% of calories from protein
- 300 mg or less of cholesterol
- 2400 mg or less of sodium.

Savory Guidelines.

~~American Culinary Federation Practical Exam
Candidate Guide~~

A Certified Executive Chef (CEC) designation is offered by the American Culinary Federation. ... Become an Executive Sous Chef: Step-by-Step Career Guide. ... Study.com / Executive Chef Job ...

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The ACF Certification program offers 15 certification levels to make the chef a more valuable candidate for hiring and promotion -- which can help increase his or her salary. Culinaricians achieve certification based on education, experience, and successful completion of written and practical exams.

~~Certify — American Culinary Federation~~
CEC® - Certified Executive Chef® CEPC® - Certified Executive Pastry Chef® Education (one of the following): High School Diploma/GED plus 150 Continuing Education Hours; or-250 Continuing Education Hours; or-Associate's Degree in Culinary Arts; or-ACFEF Apprenticeship program plus 50 Continuing Education Hours

~~ACF Certification | Chefcertification.com~~

The American Culinary Federation (ACF) certifies chefs in 14 areas. If you have an associate's degree, you can take the written and practical exams that lead to the Certified Culinarician (CC) designation. An associate's degree and three years' work experience qualifies you for the Certified Sous Chef (CSC) designation.

~~How Do I Become a Certified Chef? — Learn.org~~

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disabilities and supports the full intention of the Americans with Disabilities Act as Amended (ADAAA). ...

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