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microdosing LSD  
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smarter?* | WIRED~~

~~*Explains*~~

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~~Microdosing  
Psychedelics  
Writer Ayelet  
Waldman on how  
microdosing LSD~~

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changed her life

| Matter of Fact

Psychedelics —

Microdosing, You

Mind Enhancing

Methods, and

More | The Tim

Ferriss Show

(Podcast)

Microdosing

Psychedelics for

Leadership

\u0026

Creativity -



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Paul Austin  
~~#TOA17 Things to  
Know About  
Microdosing~~

*World-first  
randomised study  
on effects of  
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to get underway*

~~The Remarkable  
Results of~~

~~Microdosing:  
James Fadiman~~

Micro-dosing:

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Saving Lives

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Michael Pollan:

~~Magic mushrooms~~

~~and LSD could~~

~~help solve~~

~~mental health~~

~~crisis | ITV~~

~~News~~

~~Microdosing: The~~

~~ULTIMATE Guide~~

Microdosing: A

conversation

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with James

Fadiman Paul

Austin

Microdosing and

the Future of

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Paul Austin LSD

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\u0026 Peak

Performance |

Legends \u0026

Losers Podcast

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People who take

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**LSD with  
breakfast - BBC  
News Dr. Oz  
Tells Us the  
Truth About  
Magic Mushrooms  
| Elvis Duran  
Show**

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Microdosing  
Magic Mushrooms  
(Psilocybin):  
Answering Your  
Top FAQs ~~How to  
Microdose Magic~~

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~~Mushrooms~~  
~~Microdosing~~  
~~Psychedelics~~  
~~Magic Mushrooms~~  
~~Everything You~~  
~~I Meet the~~  
~~Experts~~ **A Quick**

**Guide To**  
**Microdosing**  
**Step-by-Step**  
**Guide to**

**Microdosing LSD**  
**1. OBTAINING**  
**SUBSTANCES.**

Since most  
psychedelics are

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currently  
illegal, we  
can't give you  
advice on how to  
obtain... 2.

TAKING THE FIRST  
DOSE. If you're  
microdosing with  
LSD, you'll want  
to start out  
with a small  
dose of around  
5ug. To... 3.

OBSERVING THE

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Psychedelics  
**Step-by-Step  
Guide to  
Microdosing LSD  
(Acid) | The  
Third Wave  
Cutting Edge  
Method Of  
Psychedelic  
Use**  
usually refers  
to the practice  
of taking tiny  
portions of  
psychedelic  
substances. It's

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important to  
note, however,  
that many  
substances can  
be used this  
way. A microdose  
is typically...

## **A Breakdown of Microdosing - Healthline**

A Quick Guide to  
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Psychedelics



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Microdosing  
2  
reviews from the  
world's largest  
community for  
readers. In this  
book, read about  
the new,  
revoluti...

Method Of  
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Everything You**

...

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Microdosing  
involves taking  
very small doses  
of a substance  
to boost overall  
function.

Microdosing  
first emerged as  
a term in the  
Silicon Valley.  
Computer  
professionals  
started to  
microdose on the

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psychedelic LSD  
to enhance  
productivity and  
their creative  
abilities – the  
late Steve Jobs  
was a known  
partaker in LSD.

Method Of  
**A quick Guide to  
Microdosing CBD  
and THC -  
Embedds  
How-To:**

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Microdosing and  
Mistakes Step #1  
– Weigh out 10  
grams of

distilled water  
on the scale

Step #2 – Mix  
the water in the  
pipette bottle

with 100 mcg of  
LSD Step #3 –

With these  
calculations (10  
g water + 100

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mcg LSD), every  
gram (or ML) of  
water is now a  
10 mcg dose Step  
#4 – Shake up  
pipette . . .

## **Beginners Guide to Microdosing Psychedelics**

A Guide to  
Microdosing If  
you're new to  
the world of

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cannabis  
consumption,  
microdosing may  
be for you.

Microdosing is  
when you consume  
a small amount  
to start, and  
then assess how  
you feel before  
consuming  
further. It's  
basically  
testing the

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waters as a way  
to offset the  
potential  
uncomfortable  
side effects  
that can be  
associated with  
THC.

## Method Of **A Guide to Microdosing – Garden Remedies**

When it comes to  
dosing, Dr.

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James Fadiman in  
the Psychedelic  
Explorer's Guide  
recommends a  
cautious Know  
approach: start  
low, then  
gradually  
increase to  
higher doses.  
However, as  
those new to...

**The Curious**

*Page 24/36*



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**Beginner's Guide  
to Microdosing  
for Work ...**

Microdosing has  
a long history  
of use in  
indigenous  
cultures (must  
read: *The  
Psychedelic  
Explorer's  
Guide: Safe,  
Therapeutic and  
Sacred Journeys.*

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Dr. James  
Fadiman, Ph.D,  
(2011) For  
thousands of  
years,  
psilocybin  
mushrooms have  
been culturally  
significant to  
people from all  
over the world.  
They have  
historically  
been used in

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practical guide  
to upgrade your  
life by paul  
austin is a  
comprehensive

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guide to all the  
necessary  
information on  
the practice of  
microdosing  
including  
protocols  
benefits  
drawbacks and  
sourcing weaving  
together  
anecdotal  
narratives and  
preliminary

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research on the  
use of small  
amounts of  
psychedelics

microdosing  
psychedelics is  
oriented toward  
anyone

Method Of  
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Microdosing is

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the act of  
consuming sub-  
perceptual  
(unnoticeable)  
amounts of a  
psychedelic  
substance. Many  
individuals who  
have integrated  
microdosing  
psilocybin  
mushrooms into  
their weekly  
routine report

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higher levels of  
creativity, more  
energy,  
increased focus,  
and improved  
relational  
skills, as well  
as reduced  
anxiety, stress,  
and even  
depression.

**Ultimate Guide  
to Microdosing**

*Page 31/36*

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## **Mushrooms (Backed By Research)**

This is a community for discussion pertaining to microdosing research, experiments, regimens and experiences. The most probable candidates for



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Microdosing are  
psychedelics,  
but we encourage  
dialogue on the  
effects of any  
drugs at sub-  
threshold  
dosage. No  
sourcing of  
drugs allowed!  
130k

**Microdosing: sub-  
threshold dosing**

*Page 33/36*

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**of psychedelic  
drugs for ...**

Sep 08, 2020 a  
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method of  
psychedelic use

Posted By John  
CreaseyLibrary

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potential  
Psychedelic  
treatment option  
Use  
for mental  
health disorders  
has been  
steadily

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be the lack of  
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